

33. (Amended) A method of enhancing exercise endurance in a subject undertaking exercise comprising administering to the subject a food composition [for enhancing exercise endurance] comprising a food and (-)-hydroxycitric acid or a water-soluble salt of (-)-hydroxycitric acid as active ingredient.

34. (Amended) The method [food composition] of claim 32, wherein the active ingredient originates from an extract of *garcinia* pericarps containing (-)-hydroxycitric acid or a lactone form thereof, or a salt thereof.

35. (Amended) The method [food composition] of claim 33, wherein the active ingredient originates from an extract of *garcinia* pericarps containing (-)-hydroxycitric acid or a lactone form thereof, or a salt thereof.

*C (canc'd.)* 36. (Amended) The method [food composition] according to claim 34 or 35, wherein the *garcinia* is *Garcinia cambogia*, *Garcinia indica* or *Garcinia atroviridis*.

37. (Amended) The method [food composition] according to claim 33, wherein the water-soluble salt of (-)-hydroxycitric acid is the sodium salt or the potassium salt.

38. (Amended) The method [food composition] of any one of claims [32-37] 32-35 or 37 wherein the food is a confection, a drink, a sport food, a sport drink, a health food, a seasoning, a food ingredient, a noodle, a bakery food, a cereal food or a retort food.

Please add the following new claim:

-- 39. -- The method of claim 36 wherein the food is a confection, a drink, a sport food, a sport drink, a health food, a seasoning, a food ingredient, a noodle, a bakery food, a cereal food or a retort food. --